

1 Extraction of lipophilic components from rowanberry (*Sorbus* 2 *aucuparia* L.) pomace with supercritical CO₂ and their fractionation at 3 subcritical conditions at low temperatures

4 Viive Sarv ^{1,2,*}, Petras Rimantas Venskutonis ^{2,3}, Laura Tamkutė ³, Renata Baranauskienė ³, Dalia
5 Urbonavičienė ⁴, Pranas Viškelis ⁴ and Rajeev Bhat ²

6
7 1 Polli Horticultural Research Centre, Institute of Agricultural and Environmental Sciences,

8 Estonian University of Life Sciences, Uus 2, Polli, Mulgi Parish, 69108 Viljandi, Estonia; viive.sarv@emu.ee;

9 rimas.venskutonis@ktu.lt;

10 2 ERA-Chair for Food (By-) Products Valorisation Technologies (VALORTECH), Estonian University of Life

11 Sciences, Fr. R. Kreutzwaldi 1, 51006 Tartu, Estonia; viive.sarv@emu.ee; rajeev.bhat@emu.ee;

12 3 Department of Food Science and Technology, Kaunas University of Technology, Radvilenu. pl. 19,

13 LT-50254 Kaunas, Lithuania; laura.tamkute@gmail.com; rimas.venskutonis@ktu.lt; renata.baranauskiene@ktu.lt

14 4 Biochemistry and Technology Laboratory, Institute of Horticulture LAMMC, Kaunas st. 30, Babtai, Kaunas LT-54333,

15 Lithuania; dalia.urbonaviciene@lammc.lt; pranas.viskelis@lammc.lt

16 * Correspondence: +3725230968; viive.sarv@emu.ee;

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18 Highlights

- 19 • Rowanberry pomace was extracted with supercritical CO₂ and co-solvent
20 ethanol
- 21 • Every 1% of added ethanol increased the total extract yield on average by
22 8.6%
- 23 • The extracts were fractionated by reducing separator's pressure and
24 temperature
- 25 • Tocopherols, phytosterols and β-carotene were determined in the fractions
- 26 • The fractions with the increased concentration of phytochemicals were
27 obtained

28

29 Abstract

30 Rowanberry pomace lipids were extracted with supercritical CO₂ (42.4 MPa, 53 °C)
31 using 3-7% of a co-solvent ethanol and fractionated by reducing 1st separator's (S1)
32 pressure to 7 MPa and cooling to 0, -10 and -20 °C for precipitating 'heavier' fraction
33 (HF). The second separator (S2) was depressurized at ambient temperature for
34 collecting 'lighter' fraction (LF). The yield of LF increased by decreasing S1
35 temperature and increasing the amount of a co-solvent. The concentration of β-
36 carotene increased in LF by decreasing S1 temperature and increasing co-solvent
37 concentration; at -20 °C it was by 66.7% higher than in the non-fractionated extract.
38 The concentrations of tocopherols and phytosterols were also remarkably higher in
39 LF. In total, 62 compounds were identified in the headspace volatile fraction of LF,
40 benzaldehyde and benzyl alcohol being the most abundant constituents. In

41 conclusion, fractionation enabled obtaining the fractions with the higher
42 concentration of selected lipophilic rowanberry constituents.

43 **Keywords:** *Sorbus aucuparia*, berry pomace, supercritical CO₂, co-solvent, separation,
44 fractions, volatile components

45

46 **1. Introduction**

47 Pressing fruit juice, besides the main product, generates side-stream residue (called
48 press-cake or pomace), which constitutes approximately 30% of fruit solids and is
49 regarded as a less valued by-product. Therefore, large amounts of pomace are used
50 rather inefficiently, e.g. as animal feed ingredient, for composting or even discarded
51 on the landfills as a waste, thus causing the loss of valuable nutrients and
52 environmental pollution. Consequently, proper valorisation of pomace via their
53 conversion into higher-value products is an important task, which may significantly
54 increase the sustainability of the horticultural and fruit processing sectors. Ideally,
55 the pomace should be upcycled for obtaining the highest added value ingredients
56 and reaching zero waste goal (European Commission, 2020).

57 Many small fruit species, which are commonly called berries, are particularly
58 rich in polyphenolic antioxidants, natural pigments and various other bioactive
59 compounds. Large fractions of berry constituents remain in the pomace after
60 pressing the juice; in addition, the pomace contains dietary fibre, polyunsaturated
61 fatty acid-rich oil, proteins and various health-beneficial micronutrients
62 (Venskutonis, 2020). Therefore, development of efficient recovery processes of such
63 constituents from the pomace for nutritional and other human uses is an important
64 and challenging task. Considering the heterogeneity of pomace, which consists of
65 pulp, skins, seeds and some stems, different concepts may be used for its processing.
66 Drying and milling is the simplest technology to produce pomace ingredients, while
67 recovery of the selected target groups of compounds as well as their fractionation
68 and purification requires more sophisticated techniques. For instance, during the last
69 few years consecutive extraction of different polarity pomace constituents using
70 supercritical fluid extraction with carbon dioxide (SFE-CO₂), pressurized higher
71 polarity liquids and, in some cases, enzymes was applied to raspberry (Kryževičiute
72 et al., 2016), chokeberry (Grunovaite et al., 2016), black currant (Basegmez et al.,
73 2017), sea-buckthorn (Kitrytė et al., 2017), guelder-rose berry (Kraujalis et al., 2017),
74 lingonberry (Kitrytė, Kavaliauskaitė, et al., 2020), blackberry (Kitrytė, Narkevičiūtė,
75 et al., 2020), cranberry (Tamkutė, Liepuoniūtė, et al., 2020) and rowanberry
76 (Bobinaitė et al., 2020) pomace. This approach enables to recover lipophilic and
77 higher polarity fractions, while the residue contains increased content of insoluble

78 dietary fibre and proteins. The products obtained may be used as high nutritional
79 valued food, nutraceutical and cosmeceutical ingredients. The lipophilic berry
80 pomace fractions mainly consist of a PUFA-rich triacylglycerols (TAGs) and various
81 micro-constituents like tocopherols, phytosterols and carotenoids, whose health
82 benefits are well-documented; EFSA granted health claims to oleic, linoleic, α -
83 linolenic acids and phytosterols, as contributing to the maintenance of normal blood
84 cholesterol levels, and α -tocopherol (vitamin E) as contributing to the protection of
85 cells from oxidative stress ("Commission Regulation (EU) No 432," 2012). Therefore,
86 there is a great interest for the recovery and application of these lipid-soluble
87 components for food, cosmetics and nutraceuticals. Moreover, considering human
88 applications of the recovered natural components, there is a clear tendency of using
89 green, food and environment friendly technologies as alternatives to conventional
90 extraction methods, particularly those that apply hazardous solvents. From this
91 point of view, SFE-CO₂ has been tested and commercialised for extraction of
92 lipophilic substances from various raw materials, including berry pomace. The main
93 advantages of using CO₂ are its non-toxicity, low price and availability, as well as
94 easy recycling and obtaining solvent-free extracts without energy consuming
95 evaporation procedure. The dissolving ability of CO₂ strongly depends on its
96 pressure and temperature, which may be easily controlled.

97 In some cases, polar co-solvent, such as ethanol, may be added to SFE-CO₂ flow for
98 adjusting solvent polarity and thereby increasing extraction yield and the recovery
99 rates of medium polarity constituents. In addition, the mild critical temperature (31.1
100 °C), and oxygen-free medium in SFE-CO₂ processes supports the stability of
101 oxidizable and thermally unstable.

102 Different anatomical parts of rowanberries have been used in traditional medicines
103 as natural medication for treating inflammatory, bacterial and viral diseases,
104 including tumors, diabetes, neurological, as well as cardiovascular disorders (Sarv et
105 al., 2020). Most of the investigations connected with rowanberry chemical
106 composition and properties have been focused on the polyphenolic antioxidants in
107 these crops (Sarv et al., 2020, 2021), whereas only two studies reported isolation of
108 lipophilic components from rowanberry pomace by SFE-CO₂ (Bobinaitė et al., 2020;
109 Ivakhnov et al., 2019). For instance, Bobinaitė et al. (2020) at optimized for the
110 highest yield conditions (45 MPa, 60 °C, 180 min) obtained 4.8% of lipophilic
111 rowanberry extract; however, the recovery of carotenoids was only up to 49.7% of
112 the amount achieved by the hexane extraction. Other important lipophilic micro-
113 constituents were not reported.

114 In order to expand our knowledge on the use of SFE-CO₂ both for the recovery of
115 lipophilic rowanberry pomace constituents and their pre-fractionation, this study

116 was undertaken with an aim to use a co-solvent ethanol for increasing the yield of
117 the extracts and individual groups of constituents and to evaluate the possibilities of
118 increasing their concentration via by using the separator, operating at subcritical
119 parameters at different temperatures. To the best of our knowledge, only one study
120 has applied this concept previously to berry pomace. (Tamkutė, Pukalskas, et al.,
121 2020) had conducted the on-line SFE separation of cranberry pomace lipids, using
122 two separators, while in one of the separators the temperature was kept below zero
123 and pressure below the critical point (subcritical conditions), while the other
124 separator remained under ambient conditions. The authors concluded that the
125 concentration of various lipophilic compounds present in berry pomace could be
126 increased due to the changes of their solubility in liquid CO₂ at freezing
127 temperatures. Considering remarkable compositional differences between the
128 pomace, e.g. the highest yield 4.8% for rowanberries (Bobinaitė et al., 2020) *visa* 11%
129 for cranberries (Tamkutė, Pukalskas, et al., 2020) it was of interest to test this concept
130 for rowanberry pomace at previously optimized extraction conditions for the highest
131 yield and fractionation at subcritical CO₂ parameters. Thus, the hypothesis was that
132 extraction with a co-solvent ethanol at supercritical parameters and fractionation at
133 subcritical pressure and different temperature below zero enables to pre-concentrate
134 the selected groups of lipophilic compounds present in rowanberry pomace. The
135 results obtained may find practical application in the development of the specified
136 ingredients for nutraceuticals.

137 2. Materials and methods

138 2.1. Chemicals, solvents and gasses

139 CO₂ and N₂ were obtained from Gaschema (Jonava, Lithuania), agricultural origin
140 ethanol (96.6%) from MV Group Production (Kaunas, Lithuania), (±)– α -tocopherol,
141 rac- β -tocopherol, (+)- γ -tocopherol, δ -tocopherol, β -carotene, a mixture of 37 fatty
142 acid methyl esters (FAME) were obtained from Sigma-Aldrich (Steinheim,
143 Germany).

144 2.2. Extraction and fractionation of rowanberry pomace by SFE–CO₂

145 The fruits of sweet rowanberry cv Sahharnaja were collected in autumn 2021 from
146 Polli Experimental Station, Estonia. The fruits were immediately frozen and stored at
147 -20 °C. Prior to pressing the juice in the low speed juicer Smeg SJF01CREU (Smeg
148 S.p.A, Guastalla, Italy), the fruits were defrosted at ambient temperature. The
149 pomace was lyophilized in an Advantage Plus Benchtop Freeze Dryer (SP
150 Industries, Warminster, PA, USA) during 72 h at 30 μ bar, ground in a centrifugal
151 mill Retsch ZM200 (Haan, Germany) using a 0.5 mm sieve and stored in the closed
152 glass jars at room temperature (18 °C).

153 The SFE was conducted using approximately 20 g of ground pomace in a Helix
154 extractor (Applied Separation, Allentown, PA, USA) equipped with 500 cm³
155 extraction cell and two separators, S1 and S2. One micro-metering valve was used
156 for regulating the pressure in the separator S1 and another for keeping the CO₂ flow
157 rate at 2 L/min during the extraction process. In the extraction cell the previously
158 optimized pressure of 42.4 MPa and temperature of 53 °C were maintained by a
159 surrounding heating jacket (Bobinaité et al., 2020). The first fraction (further called
160 as heavier, HF) was precipitated by reducing the temperature in S1 to 0, -10 and -20
161 °C, while the pressure was maintained at 7 MPa. The cooling of the separator S1 was
162 achieved by using a thermostatic bath and FT402 FT Immersion Cooler (JULABO
163 GmbH, Seelbach, Germany). The second fraction (further called as lighter, LF),
164 which remained soluble at the liquid CO₂ parameters was collected in the
165 depressurized S2 at room temperature. A co-solvent ethanol (EtOH) was introduced
166 at the concentrations of 3, 5 and 7% and flow rate of 0.228 mL/min. The durability of
167 every extraction was 2 hours. Preliminary extraction results were tested at similar
168 parameters without using separators.

169 The volume of the consumed CO₂ during extractions was measured in standard
170 litres per min (SL/min) at standard state: P = 100 kPa, T = 20 °C, = 0.0018 g/mL. The
171 separated fractions were kept in glass bottles at -20 °C for the further analysis.

172 2.3. Analysis of β-carotene

173 Determination of β-carotene concentration in the extracts was conducted according
174 to Zymone et al. (Zymone et al., 2018) chromatographically by Waters 2695 liquid
175 separation module (Water Corporation, USA) and by UV-vis detector (UV-vis, 2489,
176 Water Corporation, USA) for monitoring the elution of compounds. β-carotene was
177 quantified at 450 nm. Separation was conducted on a RP-C30 column (5 μm, 250 ×
178 4.0 mm, YMC Europe, Dinslaken, Germany) integrated to a C30 guard column (5
179 μm, 10 × 4.0 mm, YMC Europe, Dinslaken, Germany). The eluent flow rate was 0.65
180 mL/min and temperature of the column was maintained at 25 °C. The mobile phase
181 consisted of methanol (solvent A) and methyl tert-butyl ether (solvent B). All the
182 samples were injected at 40% B and held for 5 min. The gradient was changed to 83%
183 B in 50 min, and then to 100% B in 5 min and held for 10 min. Finally, the gradient
184 was changed to 40% B in 5 min and held for 10 min.

185 2.4. Determination of fatty acids and triacylglycerols (TAG)

186 Fatty acid composition in sweet rowanberry pomace was analyzed by the Sukhija &
187 Palmquist method (Sukhija & Palmquist, 1988) with modifications. Briefly, the lipids
188 of the milled samples were extracted and methylated in one-step procedure using
189 toluene as a solvent. Heptadecanoic acid (C17:0) was used as an internal standard.

190 Fatty acid methyl esters were analyzed on an Agilent 6890A GC equipped with a
191 split/splitless injector and a flame ionization detector. A fatty acid methyl ester was
192 separated on a quartz capillary column with a liquid phase CP-Sil 88 (100 m × 0.25
193 mm, liquid phase layer thickness 0.20 μm). The results are expressed in percentages
194 of individual fatty acid contents per total fatty acids.

195 TAGs were analyzed by the method of Zeb and Murkovic (Zeb & Murkovic,
196 2010) using the Waters AQCUIITY ultra performance liquid chromatography system
197 (Waters Corp., Milford, MA, USA), equipped with hybrid Bruker Daltonics
198 (Bremen, Germany) time-of-flight/quadrupole mass detector (UPLC-Q/TOF), which
199 was controlled by HyStar software (BrukerDaltonic, Bremen, Germany). Separations
200 were conducted by an Acquity BEH, C18 column, 2.1 × 50 mm and at particle size of
201 1.7 μm (Waters, Ireland). The autosampler and column oven were kept at 20 °C and
202 40 °C, respectively. An isocratic solvent system consisting of 18% isopropanol in
203 methanol (0.1% acetic acid) and 0.05% of ammonium acetate were used for the
204 elution of the analytes. The flow rate during the elution was 0.4 mL/min and the
205 separation time was 10 min. Fragmentor's potential was 150 V, capillary voltage
206 4000 V, drying gas temperature of 350 °C and m/z range 200–1000.

207 2.5. Determination of tocopherols and sterols

208 The method described by Slavin and Yu (Slavin & Yu, 2012) was employed for
209 saponifying sterol and tocopherol esters for HPLC analysis, which was performed
210 using Waters Aquity UPLC equipped with an auto sampler, solvent delivery system,
211 column manager and Aquity BEH C18 column (50 × 2.1 mm, 1.7 μm (Waters,
212 Milford, MA) The separation procedure started with 30% A (0.1% formic acid in
213 water) and 70% B (0.1% formic acid in acetonitrile). In 1 min. B was increased to
214 100% kept for 5 min and restored to the initial conditions in 0.5 min. During the
215 procedure, the temperature of the column was kept at 30 °C and the flow rate of
216 eluents was 0.4 mL/min. MAXIS 4 G Q-TOF mass spectrometer (Bruker Daltonics,
217 Bremen, Germany) in APCI positive mode was used for recording the mass spectra
218 at full scan mode in the m/z range from 200 to 1200 at 3 Hz rate. Other parameters
219 were as follows: 2000 V of capillary voltage; 3000 nA of corona current; -500 V of
220 endplate offset; 400 °C of vaporizer temperature; 1.6 bar of nebulizer gas pressure; 8
221 L/min of drying gas flow rate; and 200 °C of drying gas temperature. The protonated
222 ion peaks [M+H]⁺ were used for quantification of analysed components, while the
223 single ion chromatograms were extracted with the accuracy of 0.01 m/z.

225 2.6. Evaluation of volatile aroma compounds

227 The volatile composition of extracts was analyzed by gas chromatography - time-off-
228 flight mass spectrometry on a GC×GC-TOF/MS LECO Pegasus 4D system, consisting
229 of an Agilent 7890A GC, a GERSTEL Multipurpose Sampler MPS (Gerstel GmbH,

230 Mulheim an der Ruhr, Germany), coupled with a high-speed TOF/MS detector
231 (LECO, St. Joseph, MI, USA). Headspace solid phase microextraction (HS-SPME)
232 were performed with an MPS-2 autosampler (Gerstel, Mulheim an der Ruhr,
233 Germany) with a Divinylbenzene/ Carboxen/ Polydimethyl-siloxane fiber (50/30
234 μm , Supelco, Bellefonte, PA, USA) from 100 mg of rowanberry SFE- CO_2 extract
235 which was placed in a 20 mL vial. The vial was equilibrated at 40 °C for 15 min, then
236 fiber was exposed to the headspace of extract during 30 min at 40 °C. Afterwards,
237 the fiber was desorbed in the GC-TOF/MS injector for 3 min.

238 The column set consisted of a primary column BPX-5 (30 m, 0.25 mm i.d., 0.25 μm film
239 thickness) (SGE Analytical Science, Australia) connected to a secondary column, BPX-
240 50 (1.4 m, 0.10 mm i.d., 0.1 μm film thickness). The primary oven was programmed as
241 follows: 40 °C (1 min) ramped to 220 °C at 5 °C/min (1 min) finally ramped to 300 °C
242 at 20 °C/min (hold 1 min), with a modulator offset temperature of +15 °C. The transfer
243 line temperature was 250 °C, the GC injector port was set at 150 °C then at rate 720
244 °C/min ramped to 250 °C with desorption time of 5 min. The carrier gas helium was
245 set at 1 mL/min. The TOF/MS acquisition rate was 10 spectra/s, the mass range used
246 for identification was from 30–550 m/z units. Detector's voltage was set at 1550 V and
247 ion source temperature of 250 °C. Data from the GC \times GC-TOF/MS system were
248 collected by ChromaTOF software v.4.22 (LECO) after a solvent peak delay of 220 s in
249 a splitless mode for 60 s, a further valve was opened and purge flow was 20 mL/min;
250 mass spectrum assignment was based on matching against Adams, Nist, MainLib,
251 RepLib mass spectral libraries; signal-to-noise threshold was set as 50 with the
252 minimum similarity accepted was 750. The mean values were calculated from
253 quadruplicate injections.

254 The identification of volatile components was assigned by comparing their Retention
255 Indices (RI) relative to C_7 – C_{30} standard *n*-alkanes, obtained on nonpolar BPX-5 column
256 with those provided in literature (Adams, 2017) and by comparing their mass spectra
257 with the data provided by the Nist, MainLib, RepLib and Adams mass spectral
258 libraries. Positive identification was assumed when good match of mass spectrum and
259 RI was achieved.

260

261 2.7. Statistical data evaluation

262 Mean values and standard deviations were calculated using MS Excel 2016. All
263 analyses were carried out in triplicates, unless specified otherwise. Significant
264 differences among means were determined by one-way ANOVA, using the
265 statistical package Stat-graphics 18-X64. Tukey's HSD (honestly significant
266 difference) was used to determine the significant difference among the treatments at
267 $p < 0.05$. Correlation coefficients were calculated between each of the variables.

268

269

270 3. Results and discussion

271 3.1. The yields of extracts, fractions, and β -carotene

272 The total yield of the extract is one of the most important process characteristics.
273 Previously reported yields of lipophilic extracts recovered by SFE-CO₂ from
274 rowanberry pomace were comparatively low, up to 4.8%, while the recovery of
275 carotenoids was less than 50% compared with hexane extraction (Bobinaitė et al.,
276 2020). Adding 5% co-solvent EtOH enabled increased carotenoids recovery from
277 cranberry pomace up to 66.25% (Tamkutė, Pukalskas, et al., 2020). Therefore, in our
278 study several concentrations of a co-solvent were applied (3, 5 and 7 %) in order to
279 increase the yield and the recovery of selected phytochemicals. In the preliminary
280 experiments, the yield of extract significantly increased by adding EtOH; from 5.55
281 (pure CO₂) to 8.88 g/100g (7% EtOH). Consequently, every 1% of added EtOH
282 increased the total yield on average by 8.6%. The addition of polar solvent increases
283 the solubility of higher polarity constituents and may have an effect on the physical
284 properties of the matrix, e.g. by enhancing the diffusion of the solutes from the solid
285 particles.

286 The yields of the fractions were dependent both on the concentration of a co-solvent
287 and the temperature in S1. In general, the amount of the LF, which was collected in
288 S2, increased by decreasing the temperature in S1 from 0 to -20 °C and by increasing
289 the amount of a co-solvent. For instance, in case of adding 7% EtOH the yield of LF
290 was 1.9-2.1-fold higher than in case of 3% EtOH. The weight of the precipitated in S1
291 extracts was not measured due to difficulties of its collection; however, it may be
292 assumed that at higher EtOH concentrations and lower temperatures in S1 the ratio
293 of HF/LF decreased. Most likely, the compounds extracted with higher polarity
294 solvent mixture, e.g. CO₂ + 7% EtOH, remained more soluble in it even at low
295 temperature in S1. Somewhat different result was obtained in case of 5% EtOH,
296 particularly during cooling S1 at -10 °C when the amount of LF was slightly higher
297 than in case of -20 °C in S1. The differences in the yields of fractions provide
298 preliminary information that fractionation may be performed by reducing the
299 pressure and changing the temperature in the S1. In addition, the redistribution of
300 extract fractions also depends on the concentration of a co-solvent. It may be
301 reasonably expected that the solubility of some extracted from rowanberry pomace
302 lipophilic constituents may reduce at freezing temperatures, particularly in case of
303 adding EtOH. For instance, a well-known process of 'winterization' is used for the
304 removal of waxes from the crude ethanolic extracts (Baldino et al., 2020). In general,
305 the results obtained suggest that the compounds, which are additionally solubilized
306 by the added EtOH in the solvent mixture at supercritical CO₂ conditions, do not
307 precipitate in the S1 at freezing temperatures and are carried to the S2.

308 The total extraction yield of lipophilic components is important indicator of SFE-CO₂
 309 efficiency, but this is not the only important process criterion. In case of extracting
 310 the ingredients for functional foods and nutraceuticals, the overall recovery of the
 311 target bioactive compounds from the raw material as well as their concentration in
 312 the extract, may be even more important process characteristics.

313 The oil-soluble β -carotene is the most common form of carotene in the plants. It is a
 314 red-orange pigment, which can be used as a highly prized colorant by the food
 315 industry. Therefore, the recovery of β -carotene, which is also a well-known bioactive
 316 compound (vitamin A precursor), is an important indicator of extraction
 317 effectiveness.

318 **Table 1. The concentration of β -carotene in rowanberry pomace extract fractions**
 319 **and its recovery with the LF**

EtOH, %	Separator S1 temperature (°C)	Yield in LF (%)	β -carotene (mg/100 g extract: LF)	β -carotene recovery in S2 with LF (mg/100 g pomace)	β -carotene, (mg/100 g extract: HF)
3	0	1.87 ± 0.02 ^{ab}	133.1±2.2 ^f	2.5	187.4±0.1 ^l
	-10	3.15 ± 0.10 ^{cd}	174.1±0.6 ^g	5.5	48.94±0.15 ^d
	-20	3.61 ± 0.38 ^{de}	213.3±1.6 ^l	7.7	52.38±0.09 ^e
5	0	2.92 ± 0.10 ^{bcd}	145.1±1.4 ⁱ	4.2	131.5±0.2 ^f
	-10	5.53 ± 0.17 ^{fgh}	219.0±0.8 ⁿ	12.1	17.82±0.10 ^a
	-20	4.51 ± 0.27 ^{ef}	236.3±1.2 ^k	10.7	31.39±0.18 ^b
7	0	3.84 ± 0.37 ^{de}	186.2±1.5 ^m	7.2	180.3±0.1 ^k
	-10	6.00 ± 0.42 ^{gh}	178.2±1.0 ^o	10.7	nd
	-20	7.75 ± 0.25 ^{ij}	238.1±0.6 ^o	18.5	37.41±0.28 ^c

320 HF – heavier fraction; LF– lighter fraction. nd not determined; a,b Different letters within the same
 321 column indicate statistical differences (one-way ANOVA, P < 0.05).

322 The content of β -carotene in hexane extract of the rowanberry pomace was analyzed
 323 by UHPLC-DAD-MS/MS. The results revealed that β -carotene content in sweet
 324 rowanberry *cv* Sahharnaja pomace extract was 391.9 mg/100 g, while (Bobinaite et
 325 al., 2020) reported 629.1 mg/100 g in the rowanberry pomace from the mixed
 326 cultivars.

327 In the current study, β -carotene content was analysed in the SFE-CO₂ lipophilic
328 extracts separated by fractionation. Preliminary experiments (no fractionation)
329 showed that adding EtOH increased the recovery of β -carotene, approx. by 4.2% for
330 1% of the added co-solvent. However, due to the increased total extract yield and
331 dilution of β -carotene with other constituents, its concentration in the extracts
332 reduced from 175.7±0.8 mg/100 g (0% EtOH) to 168.7±0.8, 166.1±1.9 and 142.8±2.5
333 mg/100 g with 3, 5 and 7% of EtOH, respectively.

334 In the case of fractionation, both the decrease of temperature in S1 as well as the
335 increase of co-solvent concentration increased the concentration of β -carotene in S2
336 (LF) and decreased in S1 (HF). Thus, the concentration of β -carotene in LF obtained
337 at -20 °C was by 66.7% higher than its concentration in the non-fractionated extract.
338 Moreover, the recovery of β -carotene with LF was higher at lower temperature in S1.
339 Therefore, the highest β -carotene recovery of 60.8% as compared with hexane extract
340 was found in LF at -20 °C and with maximum co-solvent concentration (7%). These
341 results are consistent to the previous study which demonstrated that the increase of
342 a co-solvent EtOH concentration can remarkably increase the solubility of β -carotene
343 in SFE-CO₂ (Ahmadkelayeh & Hawboldt, 2020). Previously reported distribution of
344 β -carotene extracted from cranberry pomace by SFE-CO₂ with 0 and 5% EtOH in the
345 LF and HF using similar fractionation parameters was not so evident (Tamkutė,
346 Pukalskas, et al., 2020). However, the concentration of β -carotene in rowanberry
347 pomace extracts obtained in our study was more than 200 times higher than in
348 cranberry extracts and therefore the fractionation results may not be directly
349 compared because remarkable differences in the concentration may have a crucial
350 effect on the solubility at various temperatures and co-solvent concentrations.

351

352 **3.2. Composition of fatty acids and triacylglycerols (TAGs)**

353 The preliminary determination of fatty acids revealed that the main fatty acids in
354 pomace oil of sweet rowanberry pomace were linoleic (57.33±1.36%), oleic
355 (22.36±0.57%) and palmitic (9.98±0.52%). Other fatty acids exceeding 1% in the total
356 content were stearic (1.92±0.25%), lignoseric (1.46±0.05%) and behenic (1.39±0.12%)
357 acid. Therefore, the TAGs of pomace composed mainly of these linoleic (L), oleic (O),
358 palmitic (P), linolenic (Ln) and stearic (S) acids. The previous studies reported that
359 in most TAG molecules the fatty acids in the sn1 and sn3-position are different but
360 one of these may be similar to fatty acid allocated in the sn2-position (Mu & Høy,
361 2004). The composition of rowanberry TAGs agrees with this assumption (Table 2).
362 The majority of identified in rowanberry oil TAGs contain quantitatively major
363 linoleic acid in the sn2-position, while four of TAGs also contain linoleic acid in the
364 sn1 or sn3 position. The major TAGs in rowanberry pomace oil composed of

365 unsaturated LLL and OLL; their content was 34.93-36.13%, 26.52-27.87%,
366 respectively (Table 2). The second quantitatively largest TAGs, SLL and PLL
367 constituted 11.92-12.82% and 10.43-11.65%, respectively. The TAGs containing all
368 three different fatty acids, including saturated, mono and polyunsaturated were
369 present at 3.09-6.49%, while most highly saturated (PLS) fatty acids were minor
370 TAGs.

371 In general, the effect of a co-solvent on TAGs composition was negligible, although
372 statistical data evaluation indicates on some increase in the contents of LLLn, SLO,
373 SLL and PLO and decrease of LLL when the co-solvent concentration increased.

374 The composition of TAGs in LF fractions obtained at different temperatures in S1
375 was also quite similar. Some redistribution of TAGs may be expected due to the
376 differences in melting points between more saturated and more unsaturated TAGs,
377 however, it seems that the applied in S1 temperature does not have significant effect
378 on the solubility of TAGs in subcritical (liquid) CO₂. According to a previous study
379 (Tamkutė, Pukalskas, et al., 2020), the differences in percentage composition of
380 cranberry pomace TAGs in LF and HF were also not significant. To the best of our
381 knowledge, this is the first report on TAG composition of rowanberry oil.

382

383 **3.3. Tocopherols and phytosterols**

384 The plant tocopherols are lipophilic antioxidants, which can protect the PUFA-s
385 from peroxidation (Ali et al., 2022). In human nutrition, the daily administration of
386 α -tocopherol (vitamin E) is essential, as it is the most effective lipophilic antioxidant
387 in the human organism.

388 Three tocopherols (α , β and γ) and three phytosterols were identified and quantified
389 in the total extracts and both fractions, LF and HF, while the concentration of α -
390 tocopherol was up to 5.5- fold higher than β + γ -tocopherol at the same conditions.
391 Preliminary evaluation (without fractionation) showed that adding 5 and 7% of
392 ethanol significantly increased the total recovery of tocopherols from the rowanberry
393 pomace. The highest recovery was obtained in case of adding 5% of ethanol, which
394 agrees with the results of Tamkutė et al. (2020) and (Kraujalis & Venskutonis, 2013)
395 on SFE-CO₂ of cranberry pomace and amaranth, respectively. Thus, an average
396 increase in the recovery of α and β + γ -tocopherols for each added 1% of ethanol was
397 3.5 and 0.84 μ g/g of pomace, respectively. However, the effect of ethanol on the
398 concentration of tocopherols in the extracts was not so evident due to the increase in
399 the total yield and consequent dilution of tocopherols with other extracted
400 substances.

401

402 **Table 2.** Composition of triacylglycerols (TAGs, %) of rowanberry pomace oil separated in S2 (LF)

No	TAG	0% EtOH	3% EtOH	5% EtOH	7% EtOH	Light fraction (LF)								
						0°C			-10°C			-20°C		
						3 % EtOH	5 % EtOH	7 % EtOH	3 % EtOH	5 % EtOH	7 % EtOH	3 % EtOH	5 % EtOH	7 % EtOH
1	LLLn	1.76±0.01a	1.59±0.05a	1.64±0.03a	1.65±0.03a	1.74±0.02a	1.62±0.08a	1.74±0.06a	1.71±0.08a	1.62±0.11a	1.69±0.03a	1.63±0.01a	1.62±0.08a	1.57±0.01a
2	SLO	3.09±0.06a	3.18±0.01ab	3.35±0.14ab	3.66±0.21b	3.24±0.12ab	3.30±0.05ab	3.49±0.26ab	3.45±0.01ab	3.38±0.13ab	3.37±0.11ab	3.36±0.15ab	3.45±0.06ab	3.43±0.06ab
3	PLLn	1.04±0.02d	0.92±0.00cd	0.88±0.05bcd	0.92±0.09cd	0.92±0.06cd	0.86±0.04abc	0.78±0.02abc	0.83±0.04abc	0.83±0.01abc	0.74±0.02ab	0.79±0.04abc	0.83±0.04abc	0.70±0.03a
4	PLS	1.74±0.02ab	1.80±0.02ab	1.67±0.16a	2.15±0.29b	1.70±0.19ab	1.59±0.05a	1.67±0.06a	1.83±0.06ab	1.55±0.04a	1.75±0.05ab	1.71±0.14ab	1.70±0.05ab	1.82±0.01ab
5	OLL	26.77±0.50ab	27.00±0.08abc	27.44±0.11abc	27.09±0.30abc	26.52±0.50a	27.05±0.00abc	27.35±0.43abc	27.17±0.02abc	27.87±0.00c	27.18±0.15abc	27.76±0.09bc	27.59±0.27bc	27.08±0.12abc
6	PLL	11.65±0.09d	10.70±0.04ab	10.71±0.02ab	10.64±0.25ab	11.42±0.08cd	11.24±0.40bcd	10.67±0.02ab	11.02±0.10abcd	10.79±0.09abc	10.60±0.06ab	10.67±0.33ab	10.63±0.02ab	10.43±0.16a
7	LLL	35.26±0.27a	36.13±0.25a	35.52±0.60a	34.93±0.16a	35.57±0.22a	35.57±0.64a	35.68±0.13a	35.01±0.43a	34.88±0.16a	36.01±0.00a	35.62±0.38a	35.28±0.32a	36.12±0.42a
8	SLL	11.92±0.09a	12.54±0.15b	12.55±0.04b	12.62±0.22b	12.54±0.13b	12.35±0.32ab	12.48±0.06b	12.62±0.15b	12.82±0.00b	12.57±0.07b	12.38±0.13ab	12.79±0.06b	12.72±0.04b
9	PLO	6.49±0.08b	6.13±0.11ab	6.22±0.05ab	6.35±0.02ab	6.35±0.08ab	6.43±0.03ab	6.13±0.03ab	6.36±0.14ab	6.25±0.14ab	6.07±0.05a	6.06±0.15a	6.11±0.07a	6.12±0.12a

403 L – linoleic acid; Ln – linolenic acid; O – oleic acid; P – palmitic acid; S – stearic acid. ^{a,b} Different letters within the same row indicate statistical differences
 404 (one-way ANOVA, P < 0.05).

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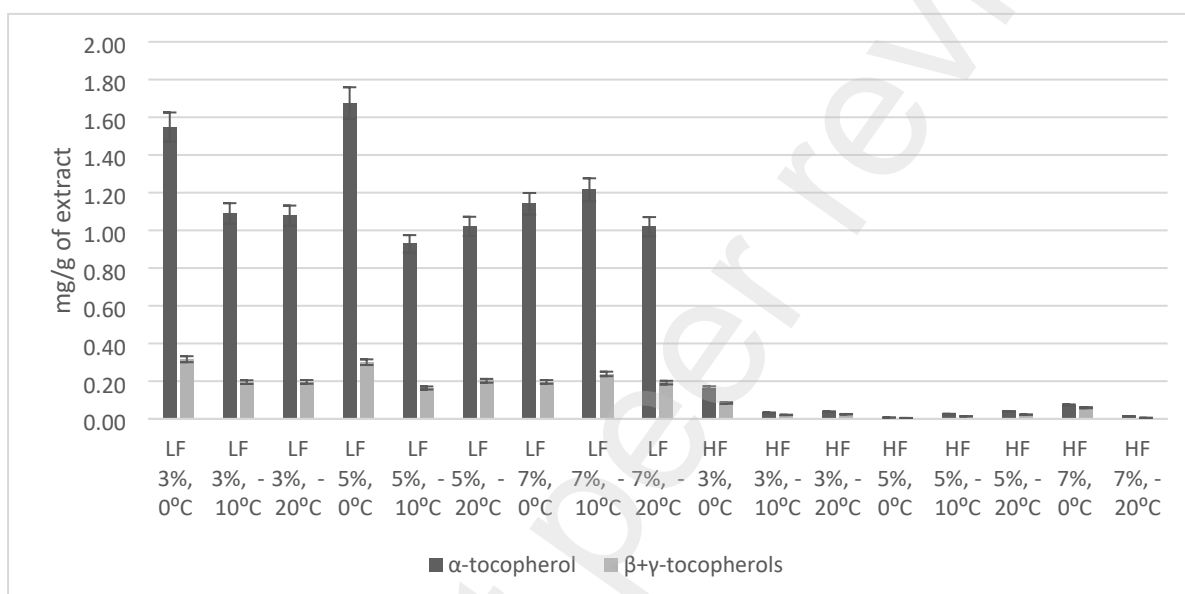
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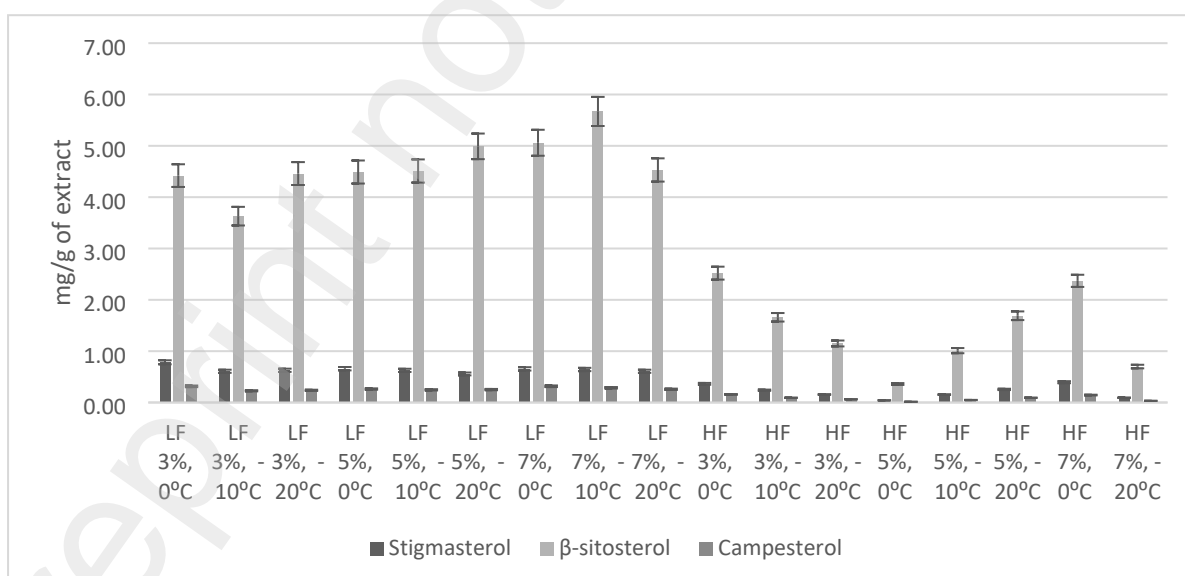
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415 It is evident that the major part of tocopherols was transferred to S2 (Fig. 1a, LF); for
 416 instance, the concentration of α -tocopherol in LF was at least 10-fold higher than in
 417 HF. The highest concentration of α -tocopherol ($1675 \pm 136 \mu\text{g/g}$) and $\beta+\gamma$ -tocopherol
 418 ($300.8 \pm 2.8 \mu\text{g/g}$) was found in LF obtained in case of using 5% EtOH and at 0°C in
 419 S1; it was by 39% higher than in the total extract isolated at similar extraction
 420 parameters. Somewhat similar tendencies were observed in case of 3% EtOH, while
 421 the differences in the concentrations of tocopherols in LF at different temperatures in
 422 S1 were not so evident. Similar results were reported for cranberry pomace in which
 423 the results were expressed in chromatogram peak area (Tamkutė et al., 2020).



424
425 a)



426
427 b)

428 **Figure 1. The concentration of tocopherols a) and phyosterols b) (mg/g of extract) in the**
 429 **fractionated SFE- CO_2 extracts; HF – heavier fraction; LF– lighter fraction.**

430 Phytosterols or plant sterols involve more than 250 various sterols, while the most
431 abundant are sitosterol, stigmasterol and campesterol. Phytosterols, as precursors of
432 plant growth factors, play an essential role in the function and structure of cell
433 membranes, similarly to cholesterol in mammalian cells (Piironen et al., 2000). For
434 patients with elevated blood cholesterol levels the suggested daily dose of plant
435 sterols would be 2 g as a food supplement (Nattagh-Eshtivani et al., 2022). In the
436 previous study, where the rowanberry cuticular wax was extracted by chloroform
437 and a mixture of hexane/ethyl acetate, the β -sitosterol content was 2.91 mg/g of
438 extract (Klavins & Klavins, 2020).

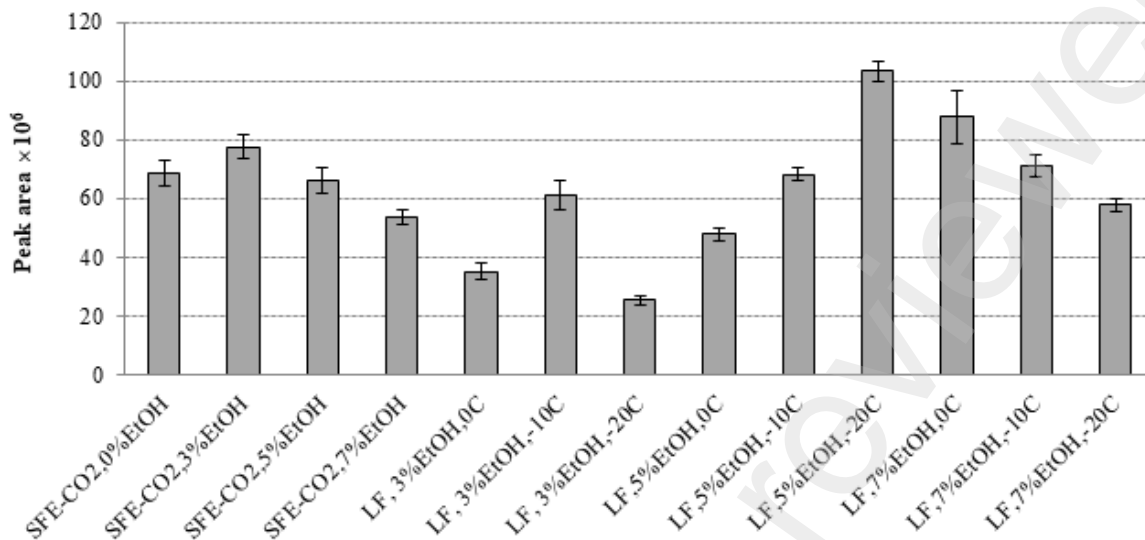
439 In the current study, where the SFE-CO₂ extraction of the rowanberry pomace was
440 carried out with EtOH as a co-solvent with fractionation, the concentrations of β -
441 sitosterol in LF ranged between 3.63 mg/g to 5.67 mg/g, being many times higher
442 than the contents in the HF, 0.36 mg/g to 2.58 mg/g, respectively (Fig.1b). The
443 concentrations of stigmasterol in LF and HF were 0.56 - 0.78 and 0.09-0.39 mg/g,
444 respectively, while the concentrations of campesterol were 0.23 – 0.31 and 0.03 – 0.16
445 mg/g, respectively. Consequently, the concentration of phytosterols was always
446 higher in LF than HF; however, the results obtained did not reveal any
447 unambiguous tendencies regarding the effects of a co-solvent and temperature in the
448 S1.

449 3.4. Volatile constituents

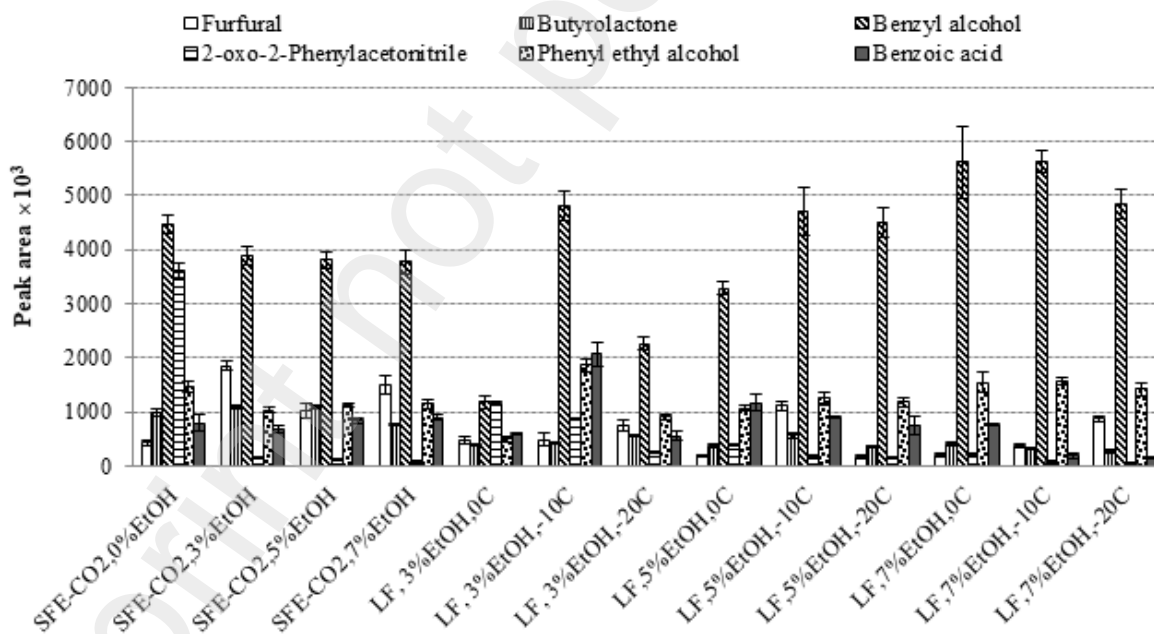
450 Totally, 62 volatile compounds were identified in the headspace of different sweet
451 rowanberry cv Sahharnaja pomace SFE-CO₂ extracts, which accounted 88.4-96.9%
452 area of the total area of the identified peaks. The constituents that were detected at
453 least in three rowanberry extract samples are provided in Table 3, which shows that
454 the quantitative composition of volatiles is rather complex consisting of aromatics,
455 alcohols, acids, aldehydes, lactones, esters, terpenes, *n*-alkanes, and others class of
456 compounds. Benzaldehyde and benzyl alcohol were the most abundant compounds
457 released in the headspace of SFE-CO₂ extract; these results agree with the previously
458 reported data on volatile composition of rowanberry fruits (Doležal et al., 2001, 2003;
459 Houlberg et al., 2000). 2-Pentanone, benzaldehyde, methyl butyrate were found to be
460 the major volatiles in aroma extracts of rowanberry fruits (Doležal et al., 2003), while
461 benzaldehyde, (E)-2-hexenal and benzyl alcohol were selected by AEDA as principal
462 aroma-active components (Doležal et al., 2001). In another study, benzaldehyde,
463 benzyl alcohol and acetic acid were found in high amounts in alcohol extracts of dried
464 rowanberries, whereas terpenoids and acids were determined at lower concentrations
465 (Houlberg et al., 2000).

466 The content of some other components exceeded 1%, e.g. the content of 2-oxo-2-
467 phenylacetonitrile (benzoyl cyanide) was 0.06 – 3.27%, phenyl ethyl alcohol 1.09 –
468 2.52%, benzoic acid 0.19 – 2.57%, diethyl hydroxybutanoate 0.17 – 12.74%, furfural 0.19
469 – 2.06%, butyrolactone 0.30 – 1.57% and etc. (Table 3). In general, volatile profile of

470
471



472
473 **Figure 2.** Benzaldehyde peak area in the headspace of the total rowanberry extracts (T) and its
474 fraction (LF) at different EtOH concentrations (%) and separation temperatures in S1 (°C)
475
476



477
478 **Figure 3.** The major volatiles' peak area in the headspace of the total rowanberry extracts (T) and its
479 fraction (LF) at different EtOH concentrations (%) and separation temperatures in S1 (°C).
480
481 total extracts and their LFs was quite similar although some variations were
482 observed for the products obtained at different separation temperatures. For
483 example, the percentage content of major compound benzaldehyde in total SFE-CO₂

Table 3. Volatile compounds detected in the total and light fractions of SFE-CO₂ rowanberry pomace extracts, peak area percentage (%)

No ^a	Compound ^{A,*}	RI-E	RI-L	Total				Light fractions								
				SFE-CO ₂ + EtOH,%				SFE-CO ₂ + 3% EtOH			SFE-CO ₂ + 5% EtOH			SFE-CO ₂ + 7% EtOH		
				0	3	5	7	0	-10	-20	0	-10	-20	0	-10	-20
1	Furfural	832	828	0.38±0.04	1.98±0.07	1.17±0.11	1.94±0.18	1.07±0.05	0.60±0.09	2.06±0.20	0.30±0.05	1.28±0.06	0.14±0.01	0.19±0.02	0.39±0.04	1.06±0.09
2	2-Methyl butanoic acid	846	841	0.16±0.01	0.09±0.01	0.12±0.01	0.15±0.01		0.12±0.01			0.11±0.00	0.09±0.00	0.10±0.01	0.09±0.00	
3	Heptanal	905	901	0.33±0.01				0.36±0.01			0.12±0.02					
4	Butyrolactone	938	941	0.88±0.02	1.16±0.06	1.27±0.04	1.00±0.05	0.88±0.04	0.51±0.02	1.57±0.05	0.56±0.04	0.65±0.02	0.30±0.00	0.37±0.02	0.32±0.02	0.32±0.04
5	(2E)-Heptenal	949	945	0.88±0.02		0.74±0.00	0.10±0.01	0.58±0.07	0.16±0.02		0.15±0.01			0.09±0.00		
6	γ-Valerolactone	951	948			0.14±0.02					0.17±0.01	0.14±0.01				
7	Ethyl cyanacetate	960	959				0.07±0.01							0.13±0.01	tr	
8	Benzaldehyde	961	960	71.60±1.32	82.89±1.73	77.39±0.49	69.66±2.32	78.08±0.71	75.90±1.24	70.73±0.90	72.92±2.31	78.44±0.79	87.75±0.92	79.99±0.82	72.18±1.99	69.53±0.96
9	δ-Valerolactone	965	965		0.17±0.02	0.21±0.01	0.17±0.01	0.14±0.00	0.12±0.01			0.09±0.01		0.07±0.01	0.07±0.01	0.07±0.00
10	6-Methyl-5-hepten-2-one	985	984	1.80±0.03		0.13±0.03					0.14±0.00	0.30±0.01	0.31±0.02	0.32±0.01		
11	n-Octanal	999	998	0.04±0.01											0.08±0.01	0.10±0.00
12	Hexanoic acid	1000	998	0.71±0.04	0.13±0.01	0.15±0.00	0.17±0.01	1.83±0.02	0.36±0.01	0.48±0.02	0.70±0.03	0.50±0.06	0.16±0.01		0.22±0.01	0.18±0.01
13	Ethyl oxalate	1002	998		0.13±0.02	0.37±0.02	1.29±0.05		0.20±0.01		0.15±0.09		0.11±0.00		1.83±0.06	1.36±0.06
14	Ethyl hexanoate	1005	1003		0.05±0.01	0.06±0.00	0.08±0.01	0.07±0.00	tr		0.10±0.01	0.12±0.00	tr	0.08±0.00	0.09±0.00	tr
15	(2E,4E)-Heptadienal	1009	1007	0.07±0.00	0.05±0.00		0.09±0.01	0.12±0.01	0.21±0.03			0.07±0.00	0.06±0.00	0.08±0.01	0.08±0.00	0.07±0.00
16	2H-Pyran-2,6(3H)-dione	1011	-		0.25±0.01	0.28±0.01	0.39±0.02		0.30±0.01	0.34±0.02	0.24±0.04	0.30±0.01	0.17±0.01	0.24±0.03	0.44±0.02	0.42±0.02
17	2,2,6-trimethylcyclohexanone	1033	1027		0.35±0.02	0.38±0.09	0.42±0.03	0.20±0.01	0.18±0.02	0.46±0.03	0.25±0.01	0.15±0.00	0.12±0.04	0.19±0.02	0.26±0.05	0.16±0.03
18	Benzyl alcohol	1040	1031	4.02±0.10	4.15±0.08	4.47±0.16	4.90±0.25	2.61±0.03	5.99±0.19	6.35±0.03	5.01±0.12	5.39±0.28	3.83±0.08	5.12±0.22	5.72±0.09	5.83±0.23
19	Pantolactone	1042	1032			0.08±0.02	0.07±0.02					0.08±0.00	tr	0.05±0.01	0.07±0.00	0.08±0.00
20	Benzene acetaldehyde	1042	1036		0.05±0.00	0.06±0.00	0.09±0.01		0.13±0.01			0.08±0.00	0.05±0.00	0.05±0.00	0.09±0.01	0.08±0.00
21	3-Methyl-2-cyclohexen-1-one	1049	1046	0.95±0.03	0.21±0.01	0.24±0.01	0.37±0.02	0.28±0.02	0.17±0.01	0.25±0.03	0.19±0.01	0.16±0.01	0.10±0.03	0.16±0.01	0.18±0.01	0.12±0.01
22	(2E)-Octen-1-al	1052	1049	0.93±0.02	0.13±0.01	0.15±0.00	0.28±0.04	0.33±0.02	0.14±0.01	0.26±0.02				0.14±0.01	0.15±0.01	0.11±0.01

23	Ethyl levulinate	1078	1070				0.25±0.04					0.07±0.01			0.12±0.01	0.15±0.00
24	Ethyl diethoxyacetate	1096	1092			0.20±0.01	0.07±0.01				0.41±0.02	0.54±0.03	0.25±0.01		0.17±0.01	0.15±0.01
25	2-oxo-2-Phenylacetone	1104	1095	3.27±0.08	0.17±0.01	0.14±0.01	0.11±0.01	2.60±0.16	1.09±0.06	0.69±0.05	0.58±0.03	0.19±0.01	0.13±0.00	0.19±0.01	0.08±0.00	0.06±0.00
26	<i>n</i> -Nonanal	1108	1100	0.14±0.01	0.07±0.00	0.08±0.00	0.13±0.01	0.13±0.01	0.14±0.01	0.15±0.01	0.17±0.01	0.07±0.00	0.06±0.00	0.09±0.00	0.11±0.00	
27	Phenyl ethyl alcohol	1119	1107	1.33±0.02	1.11±0.03	1.31±0.06	1.49±0.10	1.09±0.01	2.33±0.06	2.52±0.02	1.63±0.04	1.43±0.07	1.00±0.02	1.41±0.07	1.58±0.04	1.71±0.10
28	2-Ethyl hexanoic acid	1132	1119					0.30±0.02	0.14±0.00	0.28±0.00		0.19±0.02	0.08±0.01			
29	Benzyl acetate	1166	1157	0.07±0.00	0.12±0.00	0.14±0.01	0.17±0.01		0.11±0.01	0.19±0.01	0.12±0.00	0.14±0.00	0.12±0.00	0.13±0.01	0.18±0.01	0.19±0.00
30	Ethyl benzoate	1182	1169	tr	0.07±0.00	0.12±0.01	0.17±0.01	0.07±0.01	tr	0.08±0.00	0.08±0.01	0.13±0.00	0.05±0.00	0.09±0.01	0.20±0.00	0.27±0.01
31	Diethyl succinate	1190	1176				0.10±0.00					tr			0.21±0.00	0.32±0.02
32	Octanoic acid	1200	1190					0.10±0.02			tr	0.05±0.01		tr		
33	Benzoic acid	1202	1197	0.71±0.13	0.73±0.08	0.98±0.08	1.17±0.04	1.32±0.17	2.57±0.05	1.55±0.22	1.78±0.21	1.03±0.03	0.62±0.14	0.70±0.05	0.19±0.04	0.19±0.01
34	β -Cyclocitral	1230	1217	0.30±0.00	0.06±0.01	0.07±0.01	0.10±0.02		0.11±0.00		0.09±0.02	0.05±0.01	0.05±0.01	0.06±0.01	0.08±0.01	0.09±0.00
35	Ethyl phenylacetate	1255	1243			0.05±0.00	0.08±0.01					tr			0.11±0.00	0.16±0.01
36	Diethyl hydroxybutanoate	1256	1244		0.17±0.01	0.60±0.02	2.45±0.19		0.52±0.03	0.70±0.05	0.45±0.04	1.48±0.04	0.38±0.04		6.94±0.08	12.74±0.58
37	2-Phenyl ethyl acetate	1257	1254	tr	0.07±0.01	0.07±0.00	0.09±0.01		0.12±0.01	0.15±0.00	0.13±0.01	0.08±0.00	0.05±0.00	0.07±0.00	0.08±0.00	0.08±0.01
38	Nonanoic acid	1272	1267					0.21±0.01			0.13±0.00			0.09±0.01		
39	α -Cyanobenzyl alcohol	1312	1301	0.14±0.02	0.07±0.00	0.10±0.01	0.21±0.02	0.82±0.12	0.89±0.03	0.64±0.05	0.63±0.10	0.36±0.05	0.09±0.02	0.15±0.02	0.20±0.02	0.30±0.03
40	Geranyl acetone	1453	1453	0.17±0.02		0.06±0.00	0.09±0.01	0.15±0.01	0.15±0.01	0.07±0.02	0.11±0.01		0.05±0.00		0.07±0.01	0.09±0.01
41	(<i>E</i>)- β -Ionone	1488	1487	0.30±0.04	0.06±0.00	0.08±0.00	0.11±0.01	0.18±0.01	0.18±0.01	0.25±0.01	0.14±0.01	0.07±0.00	0.07±0.01	0.05±0.00	0.08±0.00	0.11±0.01
42	Dihydroactinidiolide	1551	1539	0.51±0.03	0.18±0.02	0.21±0.01	0.27±0.03	0.73±0.06	0.58±0.03	0.76±0.05	0.49±0.04	0.22±0.01	0.18±0.02	0.15±0.01	0.20±0.01	0.25±0.02
	Total identified, %			92.06	94.67	91.62	88.38	94.59	94.36	90.54	90.70	94.90	96.43	94.78	96.92	96.47

486 # Compounds are listed in order of their elution from nonpolar BPX-5 MS capillary column.

487 * 3-Methyl butanoic acid, 2-heptanone, pentanoic acid, α -pinene, 4-methyl-pent-2-enolide, 1-octen-3-ol, myrcene, 2-pentyl furan, decane, *p*-cymene, limonene, γ -terpinene,
488 5,6-dihydro-2H-pyran-2-one, γ -hexalactone, (*Z*)-linalool oxide, (*E,E*)-3,5-octadien-2-one, γ -ethoxy butyrolactone, dodecane, ethyl octanoate and β -Ionone epoxide were
489 detected only in one or two samples at the percentage concentration 0.04 - 0.80%.

490 ^ Identified on the basis of GC-TOF/MS spectra based on comparison with Adams, Nist, PubChem and Chemspider databases and calculated RI.

491 RI-E, Retention indices calculated against C₇-C₃₀ *n*-alkanes on nonpolar BPX-5 MS column.

492 RI-L, Retention indices on nonpolar DB-5 column reported in literature(Adams, 2007)or Nist (<https://webbook.nist.gov>), PubChem (<https://pubchem.ncbi.nlm.nih.gov>) and
493 Chemspider (<https://www.chemspider.com>) databases.

494 extracts was from $69.66 \pm 2.32\%$ (0% EtOH) to $82.89 \pm 1.73\%$ (3% EtOH). In the case of
495 LFs the contents varied from 69.53 ± 0.96 (LF, 3% EtOH, -20°C) to $87.75 \pm 0.92\%$ (LF, 5%
496 EtOH, -20°C) (Table 3). Although the highest content of benzaldehyde was achieved
497 at -20°C with 5% EtOH, at lower EtOH concentrations the highest levels of
498 benzaldehyde were obtained at the highest temperature (0°C) used in current study.
499 The highest quantities of the other major volatile compounds, such as butyrolactone,
500 furfural, benzyl alcohol and phenyl ethyl alcohol were identified at -20°C with 3%
501 EtOH, however, for benzoic acid and 2-oxo-2-phenylacetonitrile the most suitable
502 temperatures with the same amount of EtOH were -10°C and 0°C , respectively.
503 Volatile compounds in HFs were not analyzed due to the insufficient amount of these
504 fractions. However, based on the previously reported data for cranberry extracts,
505 which demonstrated that their HFs were almost empty of volatiles, it may be
506 reasonably assumed that the utterly major part of rowanberry volatile compounds
507 will be transferred to S2 (LF).
508 Figure 2 illustrates the concentration of major aromatic compound benzaldehyde,
509 which was released into headspace of rowanberry pomace SFE- CO_2 extracts and was
510 expressed in peak area units (au). Peak area provides more comprehensive
511 information about extraction efficiency as long as it is directly related to the absolute
512 concentration of the released volatiles and could be closely related and to the
513 sensory properties of rowanberry extracts obtained at different extraction conditions.
514 Thus, the amounts of benzaldehyde in different rowanberry SFE- CO_2 extracts were
515 significantly different and varied from $(25.18 \pm 1.28) \times 10^6$ au (LF, 3% EtOH, -20°C)
516 to $(103.31 \pm 1.28) \times 10^6$ au (LF, 5% EtOH, -20°C) (Figure 2). It may be assumed that
517 benzaldehyde as a major aroma compound would play an important role in the
518 overall rowanberry extract aroma; it possesses "almond, burnt sugar (Acree &
519 Arnold, 2004) "sharp, sweet, bitter almond, cherry" and "almond, fruity, powdery,
520 nutty, cherry, maraschino cherry" odour notes (*The Good Scents Company Information*
521 *System*, 2022). Naturally benzaldehyde occurs in various plant origin foods, such as
522 almonds, apricots, cherry kernel, apples, black tea, Chardonnay wine, etc. (Welke et
523 al., 2014). Benzaldehyde is commonly employed to confer almond flavor to foods
524 and scented products; also, it is used in cosmetic. As intended used in food,
525 cosmetics, pharmaceuticals, or soap, benzaldehyde is "generally regarded as safe"
526 (GRAS) by the US FDA and FEMA. The absolute amounts of other quantitatively
527 important volatile compounds are summarized in Figure 3.
528 Benzyl alcohol, as the second major volatile compound, is an aromatic alcohol, which
529 has been characterized as possessing "sweet, flower" (Acree & Arnold, 2004), "berry,
530 cherry, grapefruit, citrus, walnut" "floral, rose, phenolic, balsamic, sweet, fruity and
531 chemical" odour notes" (*The Good Scents Company Information System*, 2022). The
532 percentage content of benzyl alcohol in different rowanberry SFE- CO_2 extract was
533 from $2.61 \pm 0.03\%$ (LF, 3% EtOH, 0°C) to $6.35 \pm 0.03\%$ (LF, 3% EtOH, -20°C) (Table 3);
534 the absolute amount varied from $(1.17 \pm 0.11) \times 10^6$ au (LF, 3% EtOH, 0°C) to $(5.61 \pm$
535 $0.67) \times 10^6$ au (LF, 7% EtOH, 0°C) (Figure 3).

536 The percentage distribution of benzoic acid was from 0.19 to 2.57% (Table 3); the
537 absolute amount varied from $(154.4 \pm 8.6) \times 10^3$ au (LF, 7% EtOH, -20 °C) to $(2.06 \pm$
538 $0.22) \times 10^6$ au (LF, 3% EtOH, -10 °C) (Figure 2). Naturally occurring benzoic acid is
539 strong antimicrobial agent; it has a balsamic, sweet, honey-like aroma and was
540 reported as major aroma contributors of cranberry vines, juices and cranberry pomace
541 SFE-CO₂ extracts (Tamkutė, Pukalskas, et al., 2020) .

542 Benzyl alcohol, benzaldehyde and benzoic acid are used in a wide variety of cosmetics
543 formulations as preservatives and fragrance ingredients. The group of benzyl
544 derivatives was reaffirmed as generally recognized as safe (GRAS) by the 'Expert
545 Panel of the Flavour and Extract Manufacturers' (FEMA), and the evidence of safety
546 is supported by the fact that the intake of benzyl derivatives as natural components of
547 traditional foods is larger than their intake in case of intentional adding as flavouring
548 substances (Adams et al., 2005). It may be concluded that *S. aucuparia* pomace SFE-
549 CO₂ extracts and their fractions might be a potential natural flavourings providing
550 aroma notes of benzaldehyde, benzyl alcohol and some other natural phytochemicals.
551

552 4. Conclusions

553 The simultaneous separation of rowanberry pomace lipophilic compounds isolated
554 by SFE-CO₂ with 3, 5 and 7% of a co-solvent (EtOH) enabled to obtain two lipophilic
555 products, conditionally named as 'heavier' (HF), collected in the 1st separator (S1) at
556 7 MPa and 0, -10 and -20 °C, and 'lighter' (LF), collected in the depressurized 2nd
557 separator (S2) and ambient temperature, fractions with different concentrations of
558 selected micro constituents. Every 1% of added co-solvent EtOH increased the total
559 yield of extract on average by 8.6%, while the yield of LF increased by decreasing the
560 temperature in S1 from 0 to -20 °C and by increasing the amount of a co-solvent.

561 EtOH increased the recovery of β-carotene, approx. by 4.2% for 1% of the added co-
562 solvent; however, due to the increased total extract yield and dilution of β-carotene
563 with other constituents, its concentration in the extracts reduced from 175.7 ± 0.8 (0%
564 EtOH) to 142.8 ± 2.5 mg/100 g (7% EtOH). The decrease of S1 temperature as well as
565 the increase of a co-solvent concentration increased the concentration of β-carotene
566 in LF and decreased in HF; in LF obtained at -20 °C it was by 66.7% higher than in
567 the non-fractionated extract. The concentrations of phytosterols and tocopherols in
568 LF were also remarkably higher than in HF; however, any clear dependence of the
569 effect of a co-solvent concentration and S1 temperature on the compound
570 concentration was not observed . Among 62 identified volatile compounds in the
571 total rowanberry pomace SFE-CO₂ extracts and their LF, the most abundant were
572 benzaldehyde and benzyl alcohol, constituting up to $87.75 \pm 0.92\%$ (LF, 5% EtOH, -
573 20°C) and up to $6.35 \pm 0.03\%$ (LF, 3% EtOH, -20 °C), respectively. The effect of a co-
574 solvent and fractionation on quantitatively major lipophilic constituents,
575 triacylglycerols and fatty acids, was negligible; the major TAGs of rowanberry

576 pomace were composed of the major fatty acids – oleic and linoleic LLL and OLL
577 forming 34.93-36.13%, 26.52-27.87% of TAGs, respectively.

578 In general, the results obtained in this study have proved the hypothesis about the
579 possibility to pre-concentrate the selected groups of lipophilic compounds present in
580 rowanberry pomace by the precipitation of the insoluble in the subcritical CO₂
581 fraction in the separator installed after the main extractor and cooled below 0°C.
582 Moreover, the use of a co-solvent ethanol may increase the total yield of the extracts
583 and recovery of β-carotene. These findings enable to upcycle the fruit pomace in
584 order to obtain the beneficial ingredients, which may find applications in functional
585 foods and nutraceuticals.

586 **CRedit authorship contribution statement**

587 **Viive Sarv:** Methodology, Investigation, Formal analysis, Writing – original draft;
588 **Petras Rimantas Venskutonis:** Conceptualization, Methodology, Validation, Writing
589 – Reviewing and editing, Supervision, Resources; **Laura Tamkutė:** Methodology,
590 investigation, Formal analysis, Writing – original draft; **Renata Baranauskienė:**
591 Methodology; Investigation, Formal analysis, **Dalia Urbonavičienė:** Methodology,
592 Investigation, Formal analysis; **Pranas Viškėlis:** Methodology; Formal analysis; **Rajeev**
593 **Bhat:** Resources, Editing, Supervision.

594 595 **Declaration of Competing Interest**

596 The authors declare that they have no known competing financial interests or
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611

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